

# Les Bubka All Round Karate – Code of Conduct

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## 1. Purpose and Commitment

Les Bubka All Round Karate is committed to providing a safe, positive, and respectful environment for all participants, particularly children and young people.

We recognise our duty of care and fully support the safeguarding principles promoted by the NSPCC (this document is aligned with NSPCC Safeguarding Standards), ensuring that all children are protected from harm, abuse, neglect, and exploitation.

All instructors, assistants, volunteers, students, parents, and visitors are expected to follow this Code of Conduct.

## 2. Core Principles

Everyone involved with Les Bubka All Round Karate must:

- Put the welfare of the child first
- Treat all participants with respect, dignity, and fairness
- Promote a culture of openness, trust, and accountability
- Act as positive role models at all times
- Follow all safeguarding policies and procedures

## 3. Behaviour Expected of Instructors, Coaches, and Assistants

All instructors and assistants must:

- Maintain appropriate professional boundaries at all times
- Treat all students equally, regardless of age, gender, ability, race, religion, or background
- Use positive, constructive teaching methods
- Ensure physical contact is necessary, appropriate, and explained beforehand
- Avoid situations where they are alone with a child wherever possible
- Report any safeguarding concerns immediately following club procedures
- Hold relevant safeguarding training and, where required, an enhanced DBS check

Instructors must never:

- Engage in inappropriate physical or verbal behaviour
- Use humiliation, intimidation, or excessive punishment
- Engage in or encourage bullying, harassment, or discrimination
- Exchange personal contact details or communicate privately with children outside agreed club channels
- Show favouritism or give gifts without parental knowledge and consent

## 4. Behaviour Expected of Students

All students are expected to:

- Show respect to instructors, fellow students, and visitors
- Follow instructions to maintain safety
- Refrain from bullying, harassment, or aggressive behaviour
- Use appropriate language at all times
- Report concerns about their own safety or the safety of others

## 5. Behaviour Expected of Parents and Carers

Parents and carers should:

- Support the club's safeguarding and behavioural standards
- Communicate concerns appropriately and respectfully
- Encourage their child to follow club rules
- Never engage in abusive, aggressive, or discriminatory behaviour
- Avoid coaching or disciplining children during sessions unless invited to do so

## 6. Use of Physical Contact

Karate is a physical activity; however:

- Physical contact must always be sport-specific, appropriate, and minimal
- The purpose of contact must be clearly explained
- Consent should be gained where appropriate
- Extra care must be taken with younger or vulnerable participants

## 7. Photography, Video, and Social Media

- Photographs or videos of children may only be taken with parental consent
- Images must be used respectfully and only for approved purposes
- No inappropriate or identifying information should accompany images
- Instructors must not interact with children via personal social media accounts

## 8. Bullying and Poor Practice

Les Bubka All Round Karate operates a zero-tolerance policy toward bullying or abusive behaviour.

Concerns will be addressed promptly and fairly in line with safeguarding procedures.

## 9. Reporting Concerns

All safeguarding concerns, suspicions, or disclosures must be:

- Taken seriously
- Reported immediately to the Club Designated Safeguarding Lead (DSL)
- Recorded accurately and confidentially

If a child is at immediate risk of harm, emergency services should be contacted, and advice sought from the NSPCC Helpline (0808 800 5000).

## 10. Breaches of the Code of Conduct

Failure to follow this Code of Conduct may result in:

- Verbal or written warnings
- Suspension or removal from activities
- Referral to relevant authorities where necessary

## 11. Acceptance of the Code

All instructors, volunteers, and assistants must read, understand, and agree to abide by this Code of Conduct.

Parents, carers, and students are expected to support and uphold these standards.

**Les Bubka All Round Karate**

*Committed to safeguarding, respect, and excellence in martial arts.*